Fig. 1A

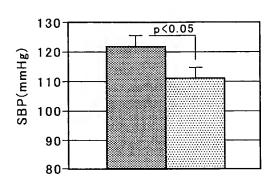


Fig. 1 D

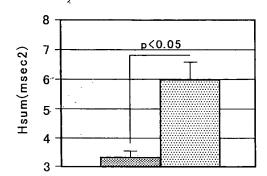


Fig. 1B

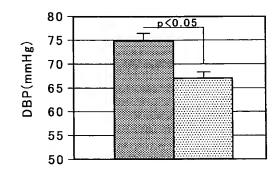


Fig. 1 E

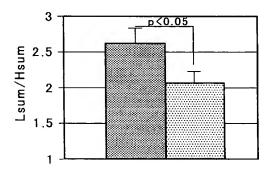


Fig. 1 C

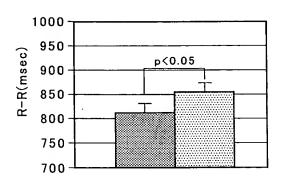
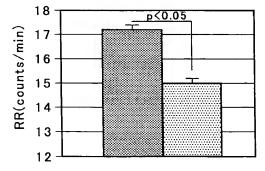


Fig. 1 F



Before inhalation of Cedrol (in rest)

After inhalation of Cedrol

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<u>Fig. 2A</u>

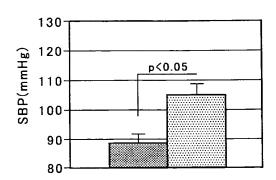


Fig. 2D

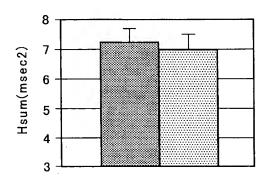


Fig. 2B

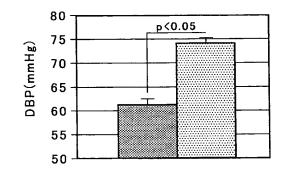


Fig. 2E

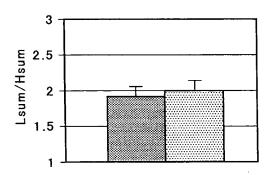


Fig. 2C

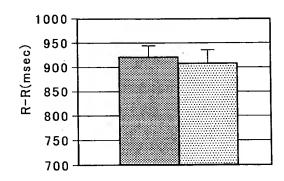
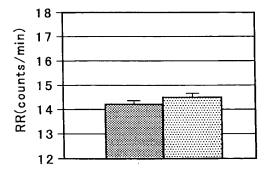


Fig. 2F



Before inhalation of Cedrol (in rest)



After inhalation of Cedrol

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Fig. 3A

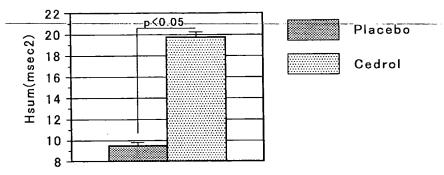
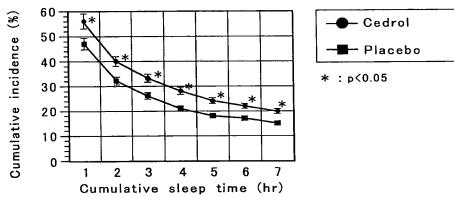
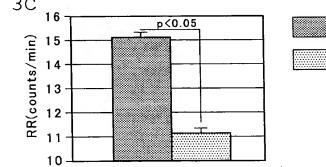


Fig. 3B



Continuous fluctuation in sleep stages 3 and 4

Fig. 3C



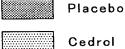
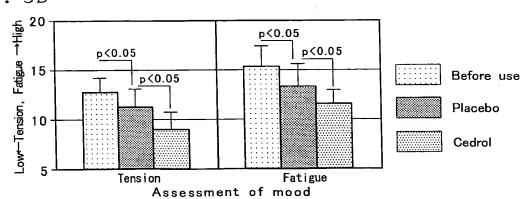
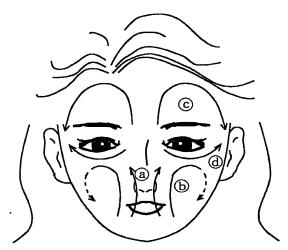


Fig. 3D







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Fig. 5A

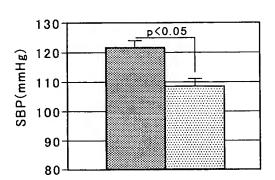


Fig. 5D

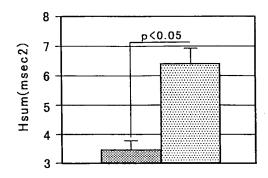


Fig. 5B

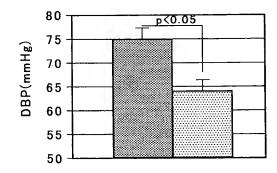


Fig. 5E

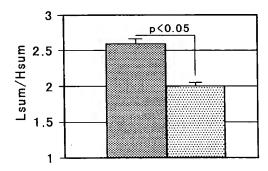


Fig. 5C

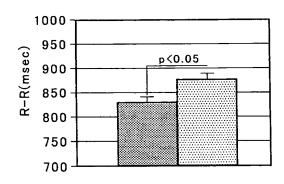
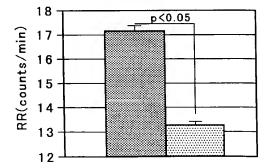


Fig. 5F

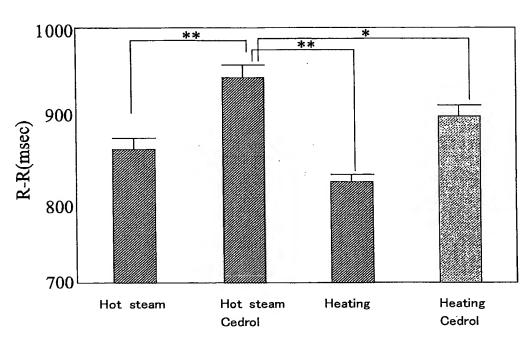


Before massaging

4 weeks after the beginning of massaging

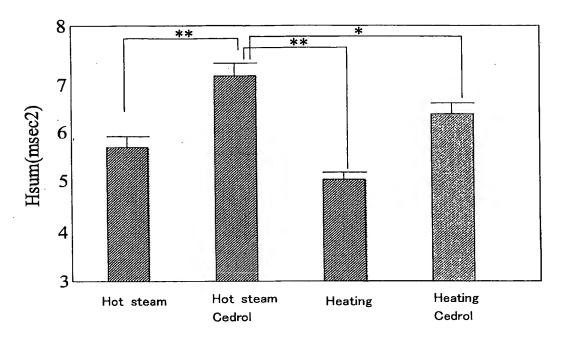
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Fig. 6



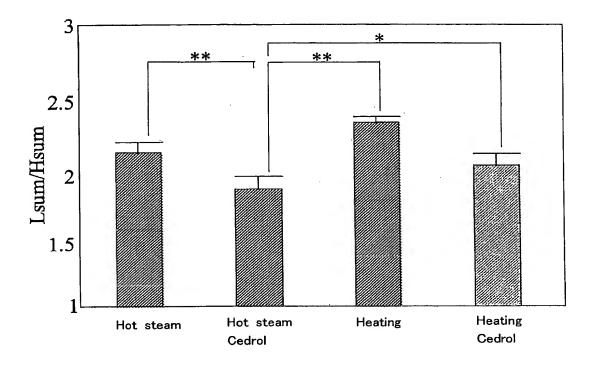
*:p<0.05 **:p<0.01

<u>Fig. 7</u>



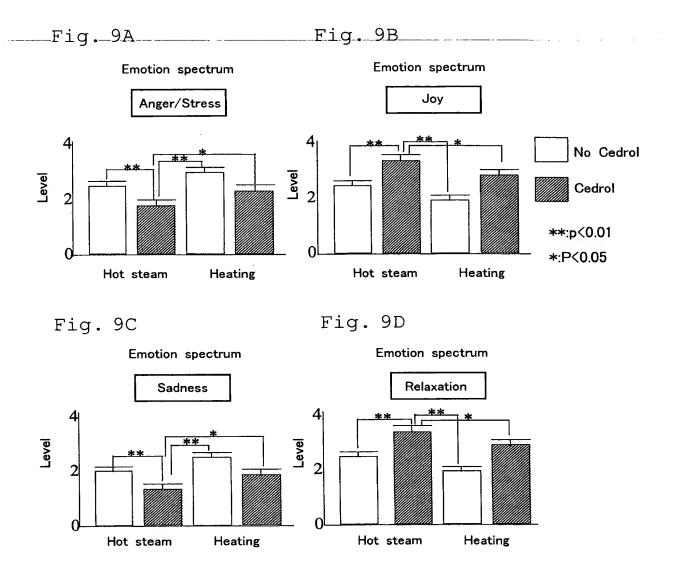
*:p<0.05 **:p<0.01

Fig. 8



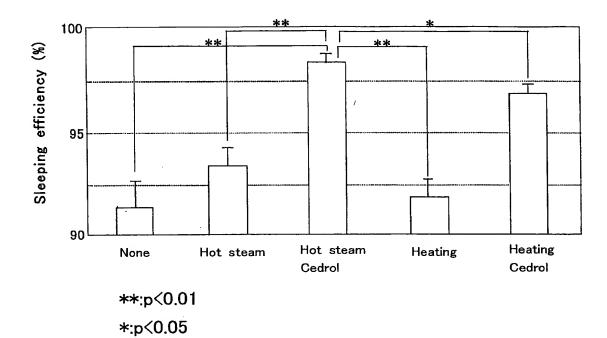
*:p<0.05 **:p<0.01

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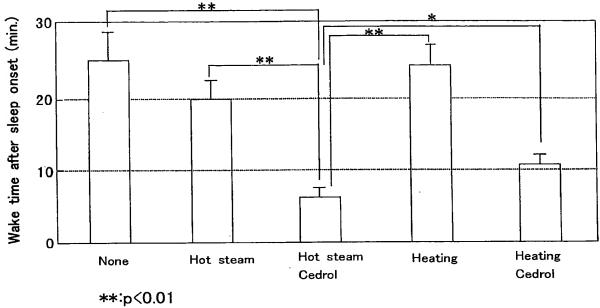
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Fig. 10



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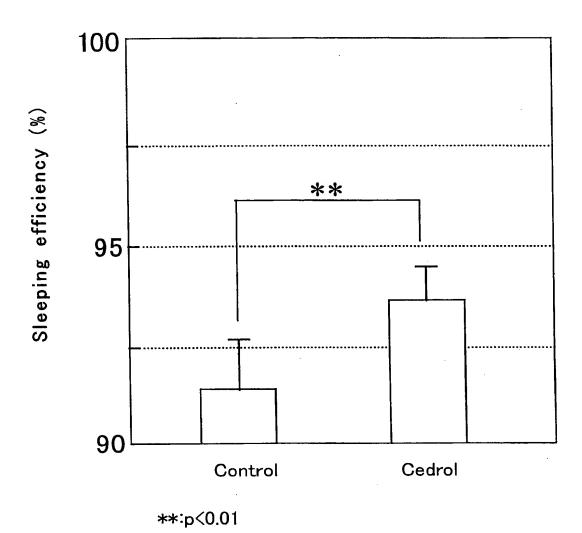
Fig. 11



*:p<0.05

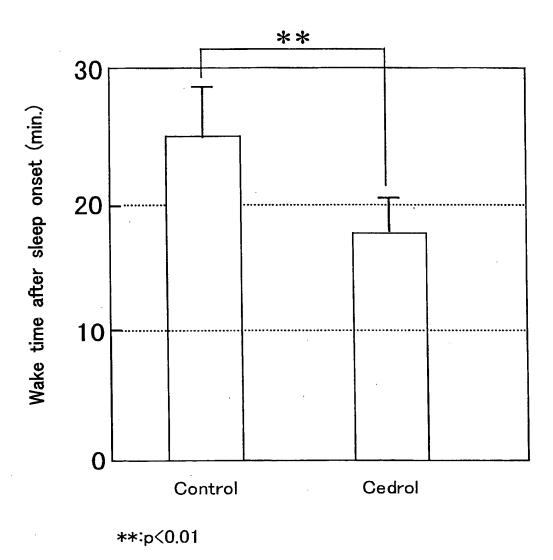


Fig. 12



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Fig. 13



<u>Fig. 14</u>

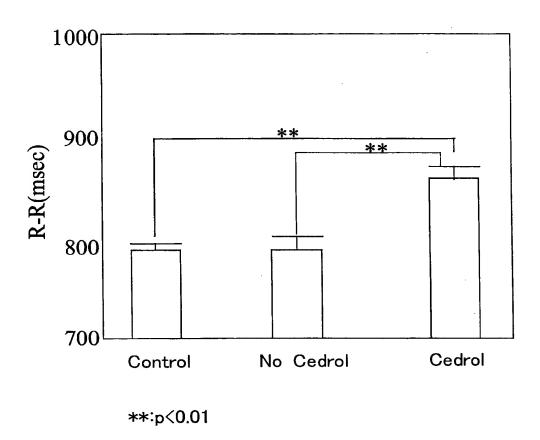




Fig. 15

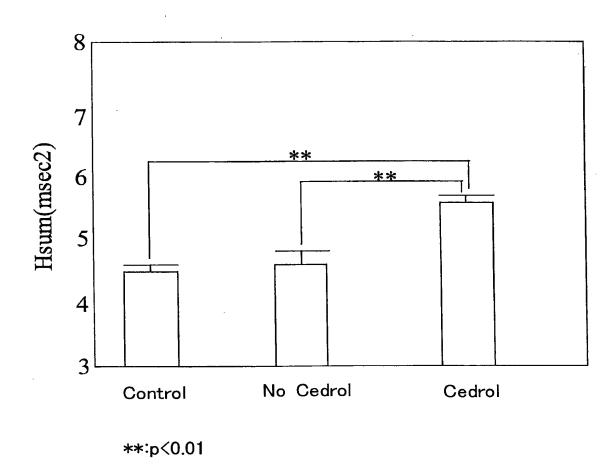
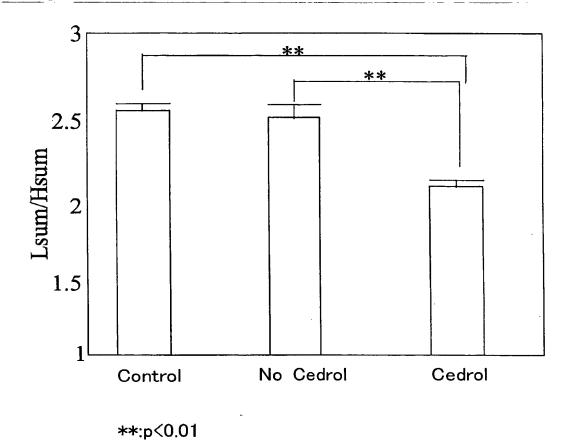


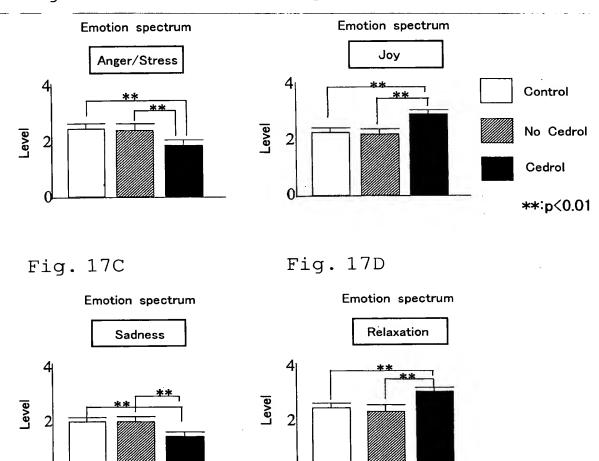
Fig. 16



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Fig. 17A

Fig. 17B



--Fig.-1-8

⟨Vapor Pressure of Cedrol vs. Temperature⟩

Temp.(°C)	Vapor Pressure (mmHg)	Vapor density (ideal gas)	Measuring method
22	1.50E-04	1.81 ppb	Gas flow method
50	5.10E-03	56.2ppb	Gas flow method
75	7.60E-02	0.777ppm	Gas flow method
100	7.00E-01	6.68ppm	Static method
125	4.05	36.2ppm	Static method

Fig. 19

Temperature(°℃)

